Together 2 Goal

AMGA Foundation National Diabetes Campaign

Monthly Campaign Webinar *April 20, 2017*

TODAY'S WEBINAR

Together 2 Goal® Updates

- Webinar Reminders
- May 2017 Monthly Webinar
- Save the Date! September 12-13
- Million Hearts® Hypertension Control Champions
- Goal Post April Newsletter Highlights
- Success with the Together 2 Goal[®]
 Bundle
 - Dr. Harold Brandt of The Baton Rouge Clinic
- Q&A
 - Use Q&A or chat feature



WEBINAR REMINDERS

- Webinar will be recorded today and available the week of April 24th
 - Together2Goal.org Website (Improve Patient Outcomes → Webinars)
 - Email distribution
- Participants are encouraged to ask questions using the "Chat" and "Q&A" functions on the right side of your screen



MAY 2017 MONTHLY WEBINAR

- Date/Time: Thursday, May 18,
 2-3pm Eastern
- Topic: Population management strategies for diabetes, specifically:
 - The Leaky Bucket: Insights into Managing Type 2 Diabetes
- Presenters: AMGA Analytics



SAVE THE DATE! TOGETHER 2 GOAL® DIABETES SYMPOSIUM

September 12-13 Indianapolis, IN

- Audience: Together 2 Goal® Primary and Quality Contacts, Quality Department members, Chief Medical Officers, diabetes leaders, and others
- In conjunction with:
 - AMGA Joint Council Meeting: Quality
 Directors/Officers, Chief Medical
 Officers/Medical Directors, Chief Nursing
 Officers)
 - AMGA Analytics for Improvement (A4i)
 Meeting



in collaboration with:



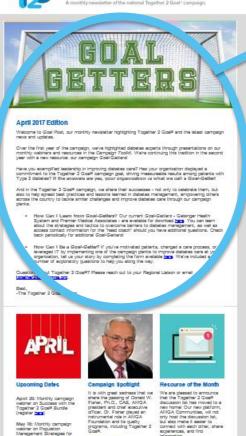
MILLION HEARTS® HYPERTENSION CONTROL CHAMPIONS



To learn more or apply, visit MillionHearts.HHS.gov

GOAL POST NEWSLETTER: APRIL HIGHLIGHTS





Goal Getters



www.Together2Goal.org/ **GoalGetters**



May 18: Monthly campaign webiner on Population Management Strategies for Disbetes (register bene)

Jume 1: Q1 2017 data due (more information base)

GOAL POST NEWSLETTER: APRIL CAMPAIGN SPOTLIGHT





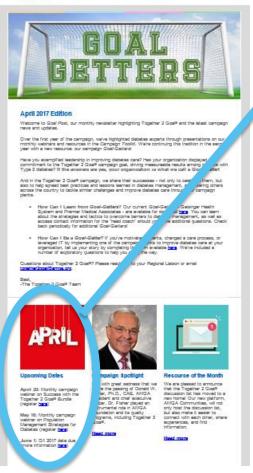
Campaign Spotlight

 Remembering Donald W. Fisher, Ph.D., CAE, AMGA President & Chief Executive Officer



GOAL POST NEWSLETTER: APRIL UPCOMING DATES



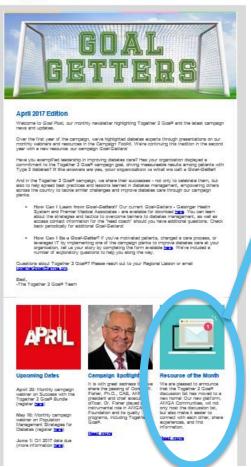


Upcoming Dates

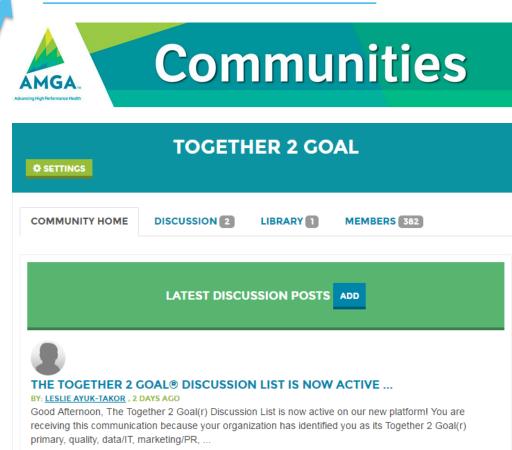
- May 18: Monthly webinar (Population Management Strategies for Diabetes)
- June 1: Q1 2017 data due

GOAL POST NEWSLETTER: APRIL RESOURCE OF THE MONTH





Resource of the Month



GOAL POST NEWSLETTER: APRIL RESOURCE OF THE MONTH

Getting started is easy!

- 1. Add mail@connectedcommunity.org to your safe sender list
- 2. To send a message, email amga-t2g@connectedcommunity.org

Together 2 Goal

Post New Message

The Together 2 Goal® Discussion List is now active!



Apr 3, 2017 12:05 PM | **№** <u>view attached</u> Leslie Ayuk-Takor

Good Afternoon,

The Together 2 Goal® Discussion List is now active on our new platform! You are receiving this communication because your organization has identified you as its Together 2 Goal® primary, quality, data/IT, marketing/PR, and/or additional team contact.

In the coming days, you'll receive an email with instructions for using all the capabilities that <u>AMGA Communities</u> – our new online platform – offers. In the meantime, our discussion list is active for your questions and responses.

More information on how to use the discussion list is attached and below:

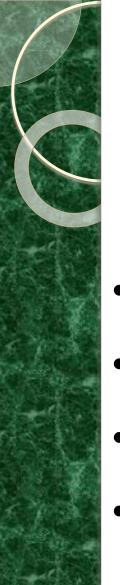


TODAY'S SPEAKER

Harold Brandt, MD, FACP
The Baton Rouge Clinic



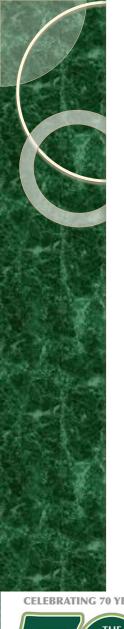




- Changing Management Strategy
- Changing Lifestyles
- Changing Outcomes
- Changing Lives







Caring for Generations

The Baton Rouge Clinic, AMC Baton Rouge, Louisiana

Metropolitan population of 830,480 people as of 2015



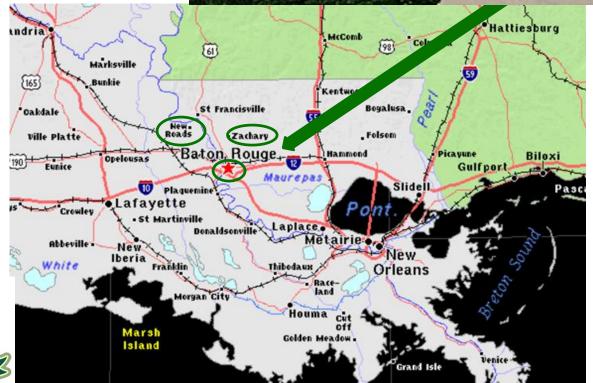
4 Locations

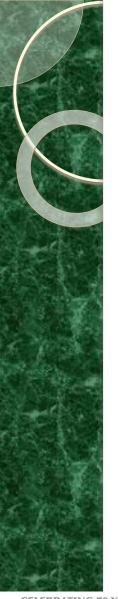
Baton Rouge - Main Clinic

Baton Rouge – Urgent Care

Zachary – Rheumatology

New Roads – Internal Medicine





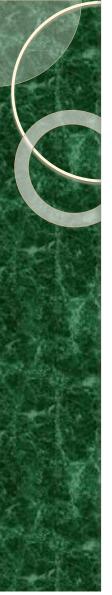
The Baton Rouge Clinic, AMC Baton Rouge, Louisiana



106 Physicians 6 Mid-levels 465 Support Staff







Ancillary Support Services
At The Baton Rouge Clinic

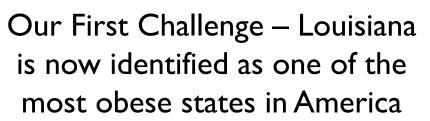
- Endocrinology
- Nutritionists
- Certified Diabetic Educators
- In-House, Full Service, Laboratory







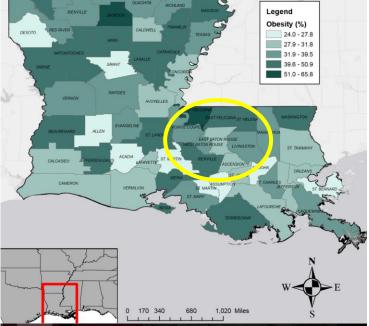
Our Demographics

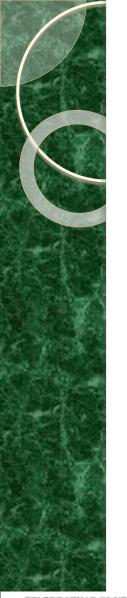


https://www.cdc.gov/obesity/data/prevalence-maps.html







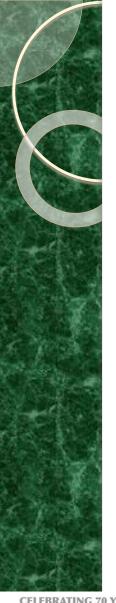


- Approximately 521,294 people in Louisiana, or 13.9% of the adult population, have diabetes.
- 1,272,000 people in Louisiana, 37.5% of the adult population, have prediabetes with blood glucose levels higher than normal.
- Every year an estimated 35,000 people in Louisiana are diagnosed with diabetes.

-http://main.diabetes.org/dorg/PDFs/Advocacy/burden-of-diabetes/louisiana.pdf







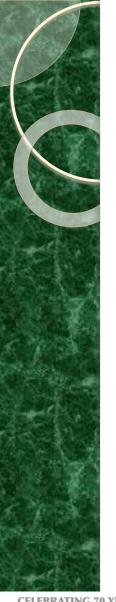
Our greatest obsticle in this challenge to manage the Louisiana Obesity and Diabetes Epidemic is....



Louisiana Culture and Cooking







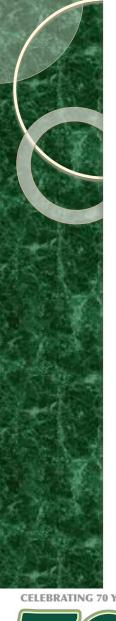
Our Journey to Diabetic Excellence

Understanding the Problem Better

- Internal review of Baton Rouge Clinic metrics
 - By Physician
 - Department of Internal Medicine
- Sharing data with physicians
 - One on one by physician in private
 - Eventually with full transparency within the Internal Medicine Department and its Physicians







Doctors are competitive

Show them the data!



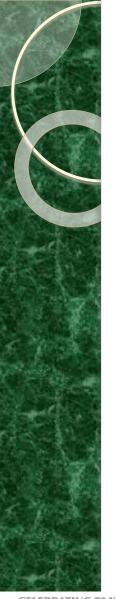


Our Journey to Diabetic Excellence

- Major initiatives that resulted in changing our Clinicians' practice patterns
- Build a group consensus surrounding care
- Develop therapeutic step care & treatment philosophies
- Appropriate interval for clinical encounters
- Alternative care approaches for the hard to treat



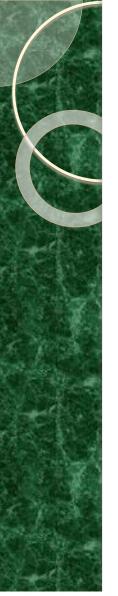




- Develop a group consensus regarding frequency of bringing patients back for follow up
 - Begin with the basics teach best practices
 - Begin consensus discussions
 - Propose best care for interval care for:
 - Those who are at goal
 - Those who are not at goal



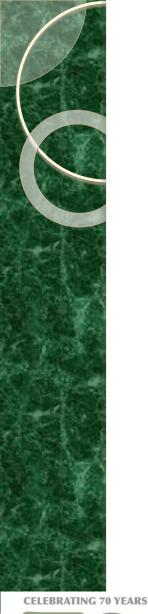




- Educate the patient about appropriate follow up intervals for the chronic disease state(s) that they have
- Patients: I only see the doctor when I need to
- Chronic Care Mantra: See patients who are not at goal and for those that are at goal, see them at intervals that are consistent with the proper monitoring for that chronic disease state.







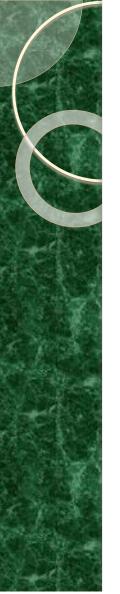






- Doctors want to do the right thing for their patients –
 - Teach them about the desired quality outcomes for their disease state
 - Keep the patient informed where they stand personally
 - Monitor prescription refills as part of the process to assure timely patient follow up
 - Baton Rouge Clinic medication refill policy

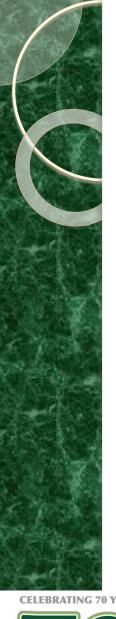




- Doctors want to do the right thing for their patients
 - Doctors have to learn that having help in managing their chronic disease patients is not a sign of them being medically inadequate
 - Having a call back program for those who are not returning for follow-up is very important



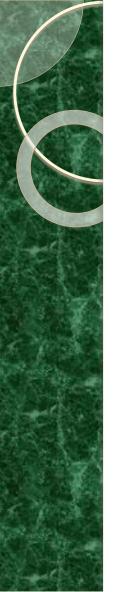




Specific Initiatives at the Baton Rouge Clinic







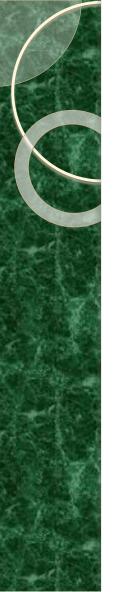
 Get the patient in – Call Center Initiative to contact patients that have DM and have not been in seen in over 6 months and no visit in the upcoming 30 days





Get the patient in – Hemoglobin A1c >11 list –
These patients, if they have been a patient of
the clinic and not a newly diagnosed diabetic
patient were automatically referred to our
Endocrine Nurse Practitioner for more intense
diabetic intervention

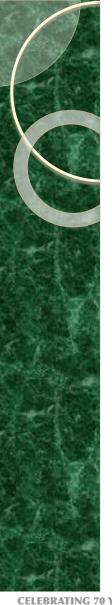




- Get the patient in Hemoglobin A1c >9 list worked personally by the Physician and their staff.
 - Initially, published weekly
 - Then, every two weeks
 - Now, published monthly



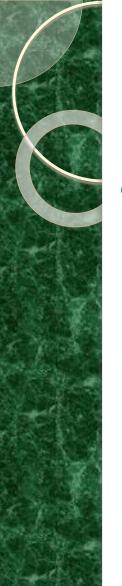




- Microalbumen
 - Standing order in EPIC at the beginning of each year for all who have a diabetes diagnosis



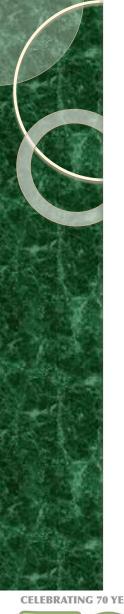




- Hypertension Initiative Clinic-wide Blood Pressure initiative that began 4-5 years ago
 - Protocol derived care developed & published
 - Staff training and annual validation of skills and accuracy
 - Publishing lists of patients with blood pressures over 140/90 and both calling patients in for an appointment via call center and as well as through the individual physicians' staff
 - Best Practices EMR "Pop-Up" alerts MD's of blood pressure elevations during office encounters







- Hypertension Initiative Outcomes
 - Recognized participant in the Measure Up/Pressure Down AMGA campaign to lower blood pressure in America
 - Nationally recognized by the NCQA Heart/Stroke Recognition

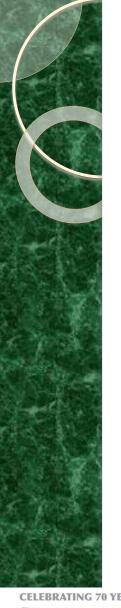


2014 Million Hearts Recognition





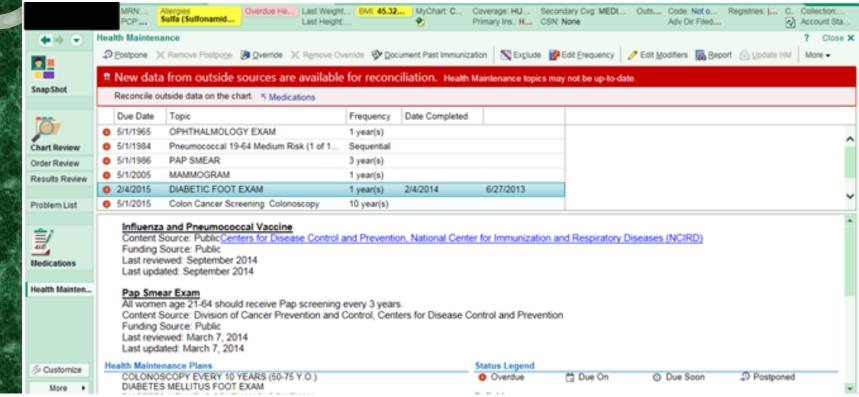




- Best practice advisories (BPA's) embedded in the Epic EMR
 - Diabetic Foot Exam
 - BPA that fires annually when not fulfilled
 - Diabetic foot exam with an embedded process in the background that when the foot exam is performed satisfies the BPA for 1 year
 - Diabetic foot examination in the Health Maintenance
 Table with next date due

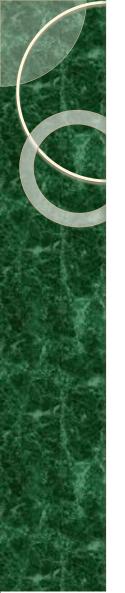






CELEBRATING 70 YEARS



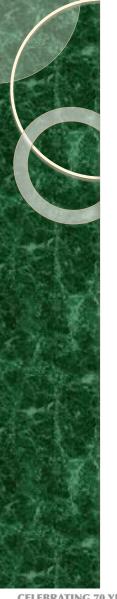


Diabetic Eye Examination and Documentation

- Best practice advisories (BPA's) embedded in the Epic EMR
 - Diabetic Eye Exam operationalizing the process of getting eye exams
- Engaging Local Optometrists and Ophthalmologists Letter with a sample Reporting Form encouraging their participation
- Engaging the Louisiana State Optometry Association
- Discussions surrounding hiring an Optometrist on site



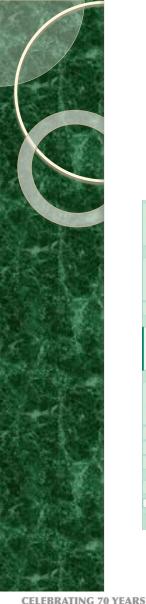


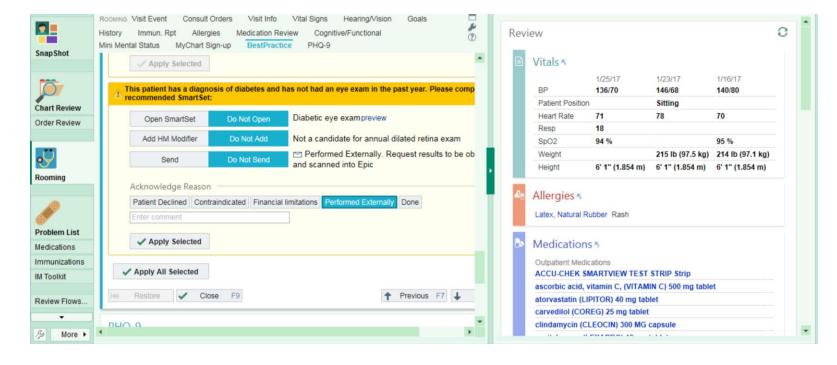


- Best practice advisories (BPA's) embedded in the Epic EMR
 - Diabetic Eye Exam
 - Date exam was last performed & warning if overdue
 - Embedded work flow that allows the Provider to report that a exam was performed and where; then a clinic employee calls and requests the ophthalmologist/optometry exam and then fulfills the metric within EPIC when the exam is scanned into EPIC



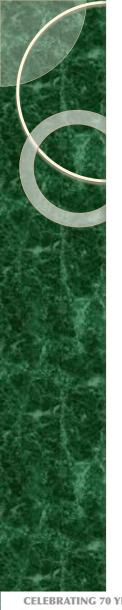












martSet Preview		
C A 🔓 🖫 🖷		
Diabetic eye exam [2100000061]		
Resource Info for Diabetic Eye Exam		
Resource Info for Diabetic Eye Exam		
Resource Info for Diabetic Eye Exam	RESOURCE INFO FOR DIABETIC EYE EXAM	
Orders		
Orders		
Ambulatory referral to Ophthalmology	Internal Referral	
Ambulatory referral to Optometry	Internal Referral	
Diabetic Retinal Disease Eye Exam	Routine, Ancillary Performed, Status: Future, Expires: 1/29/18	
□ tropicamide (MYDRIACYL) 0.5 % ophthalmic solution	1 drop, Once, Once For 1 Doses, For 1 Doses	









Engaging the Louisiana State Optometry Association

Optometry Association of Louisiana



Diabetes

Volume 19 | Number 2 | Summer 2016

OFFICERS AND EXECUTIVE BOARD OF DIRECTORS

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President's



Dear Colleagues,

Time flies when you're

tion

Association continues to stress the importance of the diabetic eye exam, both to identify early diabetic retinal disease in order to protect vision, while also serving as a warning to primary care providers that a patients' diabetes has been present for at least 5-7 years and there has been poor control of the diabetes that has

led to diabetic eye complications.

However, the same ocular signs

American

that indicates the level of evidence that supports each recommendation.¹

DIABETIC EYE CARE

RECOMMENDATIONS

- Adults with type 1 diabetes should have an initial dilated and comprehensive eye examination by an ophthalmologist or optometrist within 5 years after the onset of diahetes. B
- Patients with type 2 diabetes should have an initial dilat-

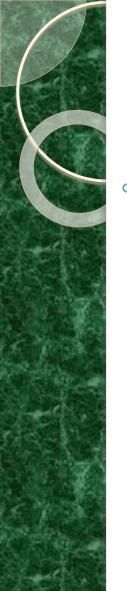
frequently. B

High-quality fundus photographs can detect most clinically significant diabetic retinopathy. Interpretation of the images should be performed by a trained eye care provider. While retinal photography may serve as a screening tool for retinopathy, it is not a substitute for a comprehensive eye exam, which should be performed at least initially

CELEBRATING 70 YEARS







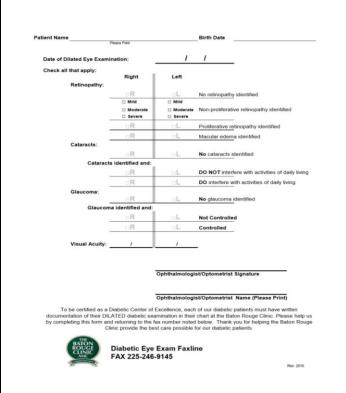
Engaging the Louisiana State Optometry Association

A Presentation to the Louisiana State
Optometry Association Fall Meeting 2016

The Optometrist as a Member of the Medical Care Team – Breaking Down the Silos of Care

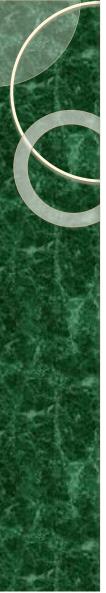
Harold D. Brandt, MD, FACP







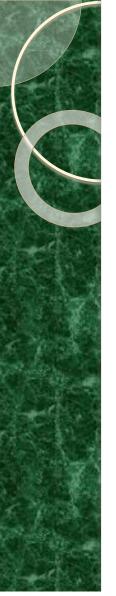




Date of Dilated Eye Examir	ation:		1
Check all that apply:			
	Right	Left	
Retinopathy:			
_	□R	oL.	No retinopathy identified
	□ Mild	□ Mild	
	☐ Moderate ☐ Severe	☐ Moderate ☐ Severe	Non-proliferative retinopathy identified
=	□R	-L	Proliferative retinopathy identified
_	□R	- L	Macular edema identified
Cataracts:			madalar dadina
	□R	-L	No cataracts identified
Cataracts	identified and:		
	□R	-L	DO NOT interfere with activities of daily living
	□R	пL	DO interfere with activities of daily living
Glaucoma:			
_	□R	οL	No glaucoma identified
Glaucoma	identified and:		
_	□R	٥L	Not Controlled
_	□R	οL	Controlled
Visual Acuity:	,	,	
visual Acuity.			-
		Ophthalmologi	st/Optometrist Signature
		Ophthalmologi	st/Optometrist Name (Please Print)
To be certified as a D	iahetic Center of	Excellence each	of our diabetic patients must have written
documentation of their DILA	ATED diabetic ex	amination in their	chart at the Baton Rouge Clinic. Please help
			below. Thank you for helping the Baton Roug for our diabetic patients.
7112	,		
BATON	Diabatia F	Even Ferri	
KOUGE	Jiabelic Eye	Exam Faxlii	ne

CELEBRATING 70 YEARS



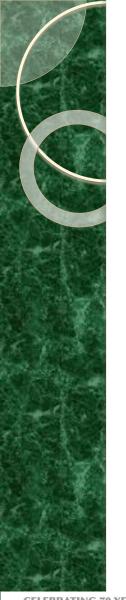


- Diabetic Initiative Outcomes
 - Together 2 Goal AMGA initiative Leader
 - NCQA recognized Diabetic Center of Excellence

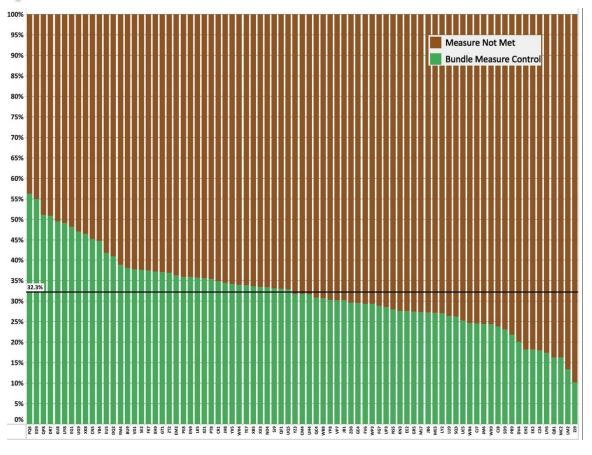








Proportion of
Patients
Compliant with
All Elements of
the T2G Bundle



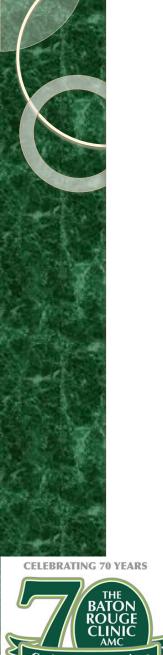




CELEBRATING 70 YEARS

Caring for Generations





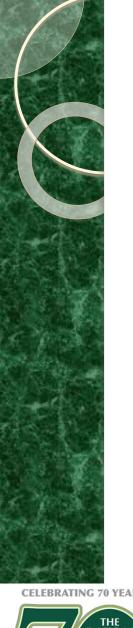
So What Is Next?

Take a Breath and Pause to Reflect upon the Hard to Mange and Hard to Engage And

How and when to tackle this final hurdle







 So here's what have we learned at the Baton Rouge Clinic

It's about creating a Process

It's about Planning

It's about Building Consensus

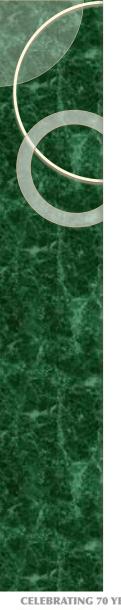
It's about Patience and Patients

Remember outcomes don't happen quickly

• It's about celebrating success!!







Questions?

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Medical Director
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