



## 2018 National Day of Action *T2G Talk & Taste* Participation Guide

### Background

The Together 2 Goal® (T2G) campaign aims to improve care for 1 million people living with Type 2 diabetes by 2019. As a part of this effort, the campaign holds an annual observance called the National Day of Action. On this day, health professionals across the country come together to “take action” to improve diabetes care.

### 2018 National Day of Action

This year we’re bringing National Day of Action to you—our participating medical groups and health systems! On **November 8**, we’re encouraging you to assemble your diabetes team for a ***T2G Talk & Taste***. During this time, we ask that you watch a two-minute T2G video and discuss its application with your team over breakfast or lunch. We provide all the supporting materials and your meal is on us (up to \$100)! Note: Only [participating AMGA members](#) are eligible for reimbursement.

### *T2G Talk & Taste* Kit

To support your event, we have developed the *T2G Talk & Taste* kit, which includes:

- Participation guide
- Staff invitation template
- Annotated PowerPoint presentation (includes T2G provider video, discussion guide, and additional resources)
- Certificate template (for staff recognition)
- Reimbursement form

### In Advance of the Event

- **Save the date.** (\*[Staff invitation template](#)) If you can’t hold your *T2G Talk & Taste* on November 8 (the official National Day of Action), then aim for any other day that week and it will still count! Communicate the day and time with your diabetes team as early as possible to maximize attendance. Considering using the staff invitation template provided.
- **RSVP.** Let us know if your team plans to participate—email your name, organization name, and *T2G Talk & Taste* date to [together2goal@amga.org](mailto:together2goal@amga.org).
- **Choose a leader.** One individual from your diabetes team will be responsible for leading the team through the annotated PowerPoint presentation and serving as a moderator, soliciting feedback from the group at various points in the discussion. Consider the Together 2 Goal® primary or quality point-of-contact for this role.
- **Select a space.** We recommend choosing a space that allows your full diabetes team to sit and eat and is conducive to group discussion. You’ll need a computer, large screen, or projector, and speakers to display the PowerPoint presentation and to watch the T2G provider video. Make sure your materials are pre-loaded on the computer to save time.

\* denotes a material provided in *T2G Talk & Taste* kit

- **Arrange for a healthy meal.** What is a *T2G Talk & Taste* without the food?! Remember, T2G will reimburse [participating AMGA members](#) for up to \$100 for the team meal.

### During the Event

- **Serve the meal.** Encourage your diabetes team to fill their plates and get seated.
- **Provide background information. (\*PPT slides 1-3)** The leader will offer a brief background on T2G and National Day of Action, using the talking points provided in the “Notes” field of each slide.
- **Watch the T2G provider video. (\*PPT slide 4)** The leader will play the T2G provider video, which is available in multiple formats:
  - Embedded in the PowerPoint for easy viewing (requires internet access for viewing)
  - Downloaded in .mp4 format (Quicktime)
  - Streamed directly from our [website](#) (requires internet access for viewing):  
[http://www.together2goal.org/Improve/providerVideo\\_improve.html](http://www.together2goal.org/Improve/providerVideo_improve.html)

Be sure to test the audio and visual of the video in advance of the event!
- **Select three tips for discussion. (\*PPT slide 5)** Based on the six tips featured in the T2G provider video, determine three tips that you will discuss in more detail as a group. The leader can select these tips in advance or ask the diabetes team to choose the tips as a group.
- **Discuss three tips. (\*PPT select slides 6-21)** Walk through and discuss the questions accompanying your three selected tips, soliciting feedback from the team. Depending on the size of your team, it may make sense to discuss these questions as one large group led by the leader or to break out into smaller groups. Some prompts are included in the “Notes” field to help facilitate discussion.
  - **One large group:** The discussion guide questions are animated within the PowerPoint so each question will appear as the leader advances the slides. Of course, skip over the slides accompanying the tips you chose not to discuss.
  - **Smaller “breakout” groups:** Be sure to print out the slides with the relevant discussion guide questions in advance so each group can discuss at their own pace. To bring the whole group back together, the leader may ask for the top takeaway from each smaller “breakout” group.
- **Recognize exceptional staff. (\*PPT slide 22; \*Certificate template)** Use your *T2G Talk & Taste* event as an opportunity to recognize staff who have advanced your diabetes improvement efforts. The number of staff you choose to recognize and the criteria for recognition are up to you. Be sure to customize and print the certificates in advance of the event so they are ready to hand out during this time. A few ideas for recognition include acknowledging:
  - Someone who excels in one or more of the T2G provider video tips (e.g., using language that engages patients)
  - The provider(s) with the best diabetes measures
  - The Together 2 Goal® campaign points of contact—primary, quality, data/IT, and marketing
  - The entire diabetes team for participating in National day of Action
- **Review additional resources and possible activities for your team. (\*PPT slide 23-25)** The leader will review some additional resources that can support your diabetes team in implementation of the six tips as well as some of the activities that your team can undertake beyond National Day of Action. Note: Hyperlinks only work in PowerPoint “presentation mode.” For convenience, URLs are also provided in the notes section of the PowerPoint.

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- **Take a group selfie. (\*PPT slide 26)** Capture your event by taking a group selfie. Remember, [participating AMGA members](#) need a picture from their *T2G Talk & Taste* event to receive reimbursement.

#### **After the Event**

- **Submit your picture and reimbursement form. (\*Reimbursement form)** To receive up to \$100 for your team meal, complete the reimbursement form and send it along with receipts and a picture of your *T2G Talk & Taste* event to [together2goal@amga.org](mailto:together2goal@amga.org) by November 30. While only [participating AMGA members](#) are eligible for reimbursement, we welcome photos from all *T2G Talk & Taste* events!

*The T2G Talk & Taste kit is intended for healthcare professionals treating patients with diabetes in a medical group or health system setting. However, we encourage all AMGA members as well as partners, corporate collaborators, and other campaign stakeholders to conduct their own T2G Talk & Taste events, using provided materials to spark conversation around their respective roles in supporting healthcare professionals to improve diabetes care.*