



## 2019 National Day of Action *T2G Talk & Taste* Participation Guide

### Background

The Together 2 Goal® (T2G) campaign aims to improve care for 1 million people living with Type 2 diabetes by 2021. As a part of this effort, the campaign holds an annual observance called the National Day of Action. On this day, health professionals across the country come together to “take action” to improve diabetes care.

### 2019 National Day of Action

This year we’re bringing National Day of Action to you—our participating medical groups and health systems! On **Nov. 7**, we’re encouraging you to assemble your diabetes team for a ***T2G Talk & Taste***. During this time, we ask that you watch a video from one of our 11 Plank Mentors and discuss its application with your team over a healthy breakfast or lunch. We provide all the supporting materials and your meal is on us (up to \$100)! Note: Only [participating AMGA members](#) are eligible for reimbursement.

### *T2G Talk & Taste* Kit

To support your event, we have developed the *T2G Talk & Taste* kit, which includes:

- Participation guide
- Annotated PowerPoint presentation (includes discussion guide, and additional resources)
- 11 Plank Mentor videos (you choose which one to watch!) - Videos will be available by Nov. 1 at [www.together2goal.org/mentorvideos](http://www.together2goal.org/mentorvideos)
- Staff invitation template
- Certificate template (for staff recognition)
- Reimbursement form

### In Advance of the Event

- **Save the date.** (**\*Staff invitation template**) If you can’t hold your *T2G Talk & Taste* on Nov. 7 (the official National Day of Action), then aim for any other day that week and it will still count! Communicate the day and time with your diabetes team as early as possible to maximize attendance. Considering using the staff invitation template provided.
- **RSVP.** Let us know if your team plans to participate—[RSVP](#) with your name, organization name, and *T2G Talk & Taste* date.
- **Choose a leader.** One individual from your diabetes team will be responsible for leading the team through the annotated PowerPoint presentation and serving as a moderator, soliciting feedback from the group at various points in the discussion. Consider the Together 2 Goal® primary or quality point-of-contact for this role.
- **Select a space.** We recommend choosing a space that allows your full diabetes team to sit and eat and is conducive to group discussion. You’ll need a computer, large screen, or projector, and

\* denotes a material provided in *T2G Talk & Taste* kit

speakers to display the PowerPoint presentation and to watch the Plank Mentor video. Make sure your materials are pre-loaded on the computer to save time.

- **Arrange for a healthy meal.** What is a *T2G Talk & Taste* without the food?! Remember, T2G will reimburse [participating AMGA members](#) for up to \$100 for the team meal.

### During the Event

- **Serve the meal.** Encourage your diabetes team to fill their plates and get seated.
- **Provide background information. (\*PPT slides 1-3)** The leader will offer a brief background on T2G and National Day of Action, using the talking points provided in the “Notes” field of each slide.
- **Select the Plank Mentor video your group will watch. (\*PPT slide 4)** Videos will be available by Nov. 1 at [www.together2goal.org/mentorvideos](http://www.together2goal.org/mentorvideos). Remember to choose a video that features a campaign plank that is relevant to your organization. You can choose as a group or the leader can select the Plank Mentor video in advance of your event.
- **Watch the Plank Mentor video. (\*PPT slide 5)** The leader will play the selected Plank Mentor video. Remember, videos will be available by Nov. 1 at [www.together2goal.org/mentorvideos](http://www.together2goal.org/mentorvideos). Be sure to test the audio and visual of the video in advance of the event!
- **Select the Plank Mentor video. (\*PPT slide 6)** Walk through and discuss the questions as it relates to the Plank Mentor video you just watched, soliciting feedback from the team. Depending on the size of your team, it may make sense to discuss these questions as one large group led by the leader or to break out into smaller groups.
  - **One large group:** The discussion questions are animated within the PowerPoint so each question will appear as the leader advances the Powerpoint.
  - **Smaller “breakout” groups:** Be sure to print out the discussion slide in advance so each group can discuss at their own pace. To bring the whole group back together, the leader may ask for the top takeaway from each smaller “breakout” group.
- **Recognize exceptional staff. (\*PPT slide 7; \*Certificate template)** Use your *T2G Talk & Taste* event as an opportunity to recognize staff who have advanced your diabetes improvement efforts. The number of staff you choose to recognize and the criteria for recognition are up to you. Be sure to customize and print the certificates in advance of the event so they are ready to hand out during this time. A few ideas for recognition include acknowledging:
  - Someone who has excelled at implementation of a campaign plank
  - The provider(s) with the best diabetes measures
  - The Together 2 Goal® campaign points of contact—primary, quality, data/IT, and marketing
  - The entire diabetes team for participating in National day of Action
- **Review additional resources and possible activities for your team. (\*PPT slide 8)** The leader will review some additional resources that can support your diabetes team in campaign implementation as well as some of the activities that your team can undertake beyond National Day of Action. Note: Hyperlinks only work in PowerPoint “presentation mode.” For convenience, URLs are also provided in the notes section of the PowerPoint.
- **Take a group selfie. (\*PPT slide 9)** Capture your event by taking a group selfie. Remember, [participating AMGA members](#) need a picture from their *T2G Talk & Taste* event to receive reimbursement.

### After the Event

\* denotes a material provided in *T2G Talk & Taste* kit

- **Submit your picture and reimbursement form. (\*Reimbursement form)** To receive up to \$100 for your team meal, complete the reimbursement form and send it along with receipts and a picture of your *T2G Talk & Taste* event to [together2goal@amga.org](mailto:together2goal@amga.org) by Nov. 30. While only [participating AMGA members](#) are eligible for reimbursement, we welcome photos from all *T2G Talk & Taste* events!

*The T2G Talk & Taste kit is intended for healthcare professionals treating patients with diabetes in a medical group or health system setting. However, we encourage all AMGA members as well as partners, corporate collaborators, and other campaign stakeholders to conduct their own T2G Talk & Taste events, using provided materials to spark conversation around their respective roles in supporting healthcare professionals to improve diabetes care.*